# SETTING CONDITIONS FOR SUCCESS:

## **Creating Effective Responsible Use Policies for Schools**













## **Equitable Connectivity Is a Critical Foundation**

Providing equitable digital access to all learners is a critical foundation for their success in learning and life. However, providing this access comes with a great responsibility to help young people learn to be safe and responsible in their online activities. It also comes with a duty to build healthy habits, such as using technology to encourage curiosity and solve problems, as well as seeking help from a trusted adult when something goes wrong.

Creating the conditions for the safe and effective tech use in schools requires both technical policies *and* establishing appropriate behavior expectations for students.

## **Setting Technical Conditions for Success**

While this guide focuses primarily on the creation of effective Responsible Use Policies, it's important to note that there are also technical protections that schools should have in place to protect students from harm. In the U.S., the Children's Internet Protection Act (CIPA) requires any school that accepts federal funding to help cover the cost of internet access to establish specific technical protections before allowing access to the school network.

According to guidance from the Federal Communications Commission (FCC), such protections should address:

- Restricting access by minors to content that could be inappropriate or harmful on the internet.
- The safety and security of minors when using email, chat rooms and other forms of electronic communications.
- Unauthorized access, including hacking and other unlawful activities, by minors online.
- Unauthorized disclosure, use and dissemination of personal information regarding minors.
- The school's monitoring of minors' online activities.

## **Responsible Use Policies**

In addition to having appropriate technical policies for keeping children safe, it is critical to create a Responsible Use Policy (RUP) that outlines expected student behaviors that lead to a healthy digital culture at school and home. The Protecting Children in the 21st Century Act, enacted after CIPA, requires schools to educate students about appropriate online behavior, including interacting with other individuals online, and cyberbullying awareness and response. Typically, students (and/or their parents) are expected to sign the RUP to indicate their understanding of how to responsibly use their school-provided accounts and devices.

RUPs, provided to students and families at the beginning of the school year, can be great tools to establish the optimal conditions for effective digital activities. They can also be connected to classroom activities to teach about civil online behaviors, how to recognize misinformation, and use of technology to support curiosity. When we establish expectations for meaningful and civil online behaviors, we not only allow our children to be their best selves online, we prepare them to bring out the best in others.

<sup>&</sup>lt;sup>1</sup>Responsible Use Policies may also be referred to as Acceptable Use Policies or Technology Use Agreements.

### **RUPs Gone Wrong**

Unfortunately, many RUPs have been developed in a way that does not help create effective conditions or help students prepare to be responsible members of a digital world. There are two common pitfalls that can be seen in ineffective RUPs: 1) using language that's too complicated or confusing for a student to understand, and 2) focusing entirely on what *not* to do, without putting any emphasis on establishing what we want students *to* do with the technology.

Before looking at best practices for creating RUPs, let's take a look at some examples of RUPs that are not effective. In this section, we'll share excerpts from actual RUPs that have missed the mark and explain why.

#### **Overly Negative**

The example below shows the first portion of an RUP that lists 35 things not to do with technology, but doesn't include a single example of what to do with the technology. An effective RUP balances behaviors that are not permitted with competencies that should be practiced by students. After all, you can't practice not doing something, and being an effective digital citizen takes practice!

Users shall not use the network or technology, including access to the internet, intranet, collaboration tools, social media, or email to use, record, share, upload, post, mail, display, store, or otherwise transmit in any manner, any content, communication or information that:

- 1. Is hateful, harassing, threatening, libelous or defamatory;
- 2. Is offensive or discriminatory to persons based on race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, familial status, family responsibilities, matriculation, political affiliation, genetic information, disability, source of income, status as a victim of an intrafamily offense, place of residence or business, or status as a victim or family member of a victim of domestic violence, a sexual offense, or stalking;
- Constitutes or furthers any criminal offense, or gives rise to civil liability, under any applicable law, including, without limitation, U.S. export control laws or U.S. patent, trademark or copyright laws;
- 4. Constitutes use for, or in support of, any obscene or pornographic purpose including, but not limited to, the transmitting, retrieving or viewing of any profane, obscene, or sexually explicit material;
- 5. Constitutes use for soliciting or distributing information with the intent to incite violence, cause personal harm or bodily injury, or to harass, threaten or stalk another individual;
- 6. Contains a virus, trojan horse, ransomware or other harmful component or malicious code;
- 7. Constitutes junk mail, phishing, spam, or unauthorized broadcast email;
- Violates the security of any other computer or network or constitutes unauthorized access or attempts to circumvent any security measures;
- 9. Obtains access to another user's network account, files or data, or modifies their files, data or passwords;
- 10. Impersonates any person living or dead, organization, business, or other entity;
- 11. Degrades the performance of, causes a security risk or otherwise threatens the integrity or efficient operation of, the network or technology;
- 12. Deprives an authorized user of access to the network or technology;
- 13. Obtains school technology or network access beyond those authorized;
- 14. Engages in unauthorized or unlawful entry into a Network system;
- Discloses confidential or proprietary information, including student record information, without authorization or without proper security measures;
- Discloses or transmits personally identifiable student information, videos and photographs without authorization or without proper security measures;
- 17. Shares confidential information about students or personnel in a manner that violates state law, federal law, regulations, policy or guideline;
- 18. any other school policy;

#### **Unnecessarily Complicated Language**

In the examples below, the schools missed the purpose of an RUP. Instead of establishing the conditions for effective technology use, it is providing complex legal language that most students would never understand.

"Transmission of any material in violation of any federal or state law or system policy is strictly prohibited. This includes, but is not limited to, threatening or obscene material, material protected by copyright or trade secret, material used for commercial activities by for-profit institutions, and material used for product advertisement or political lobbying. Students will be informed of issues regarding network etiquette, security and vandalism with the understanding that any violation of the regulations is unethical and may constitute a criminal offense or violation of acceptable student conduct and therefore require appropriate disciplinary action."

"The use of proxy-type resources or other services with the express technical intention of circumventing the district's cybersecurity measures are expressly and permanently prohibited."

#### Liability Prioritized Over Learning

In the examples below, the language used appears to be prioritizing shielding the school from legal action over helping set the right conditions for learning.

"If a student violates any of the provisions outlined in this policy, his/her access will be terminated and may constitute a criminal offense resulting in legal action."

"We make no warranties of any kind, expressed or implied, for the network service provided and are not responsible for any loss, damages, costs, or obligations arising from use of your account."

If your school's RUP has any of the elements shown above, it's time for an update!

## **Creating an Effective RUP**

Having learned from some ineffective RUPs, let's now look at how to create an effective RUP. An RUP should guide students in being successful, effective digital citizens, and it should be written to meet students' varying levels of understanding. For example, you may want to consider having separate RUPs for elementary students and secondary students.

Keep these three tenets front and center when creating or updating a Responsible Use Policy:

- 1. Keep it positive. RUPs should not be a long list of don'ts. Instead, make it mostly about the do's of technology use.
- **2.** Write in plain English. This isn't a real estate contract or a piece of legislation. Keep the language conversational and human-friendly.
- **3.** Involve students. As you develop the expectations, allow students to have input, make suggestions and ask questions. Students should understand the policy and the reasons it was created and implemented.

Finally, as we've all experienced, technology changes rapidly! Review your RUP annually to be sure any mention of outdated technology is removed, and guidance on new tools or resources you plan to use is added.

## What to Include

Remember, RUPs are learning tools. Everything that's included in the policy should guide students in becoming confident, effective digital citizens. Classroom activities should help inform and deepen the understanding of the elements in your RUP.

The following elements should be included in an effective RUP:

#### Purpose

Start with a clear purpose that helps students understand why the agreement is so important. Such a statement might include a reminder that using school-provided technology is a privilege, or that technology can be a powerful tool for learning if used appropriately.

#### **Desired Digital Behaviors**

The bulk of an effective RUP should focus on identifying desired digital citizenship skills. Remember, desired skills should be framed as "do's" instead of "don'ts" whenever possible. It might help to frame the policy using "I am" or "I will" statements. As you state the desired digital behaviors, consider using the digital citizenship skills developed by the Digital Citizenship Coalition as a guide. These skills include teaching students to be:

- Informed Students should know how to use technology to support learning and curiosity.
- Inclusive Students should make sure they are respectful of others and see the value of differing viewpoints.
- Balanced Students should practice balancing tech use with other activities and recognize which digital activities have more value than others,
- Engaged Students should use technology to make their school and local community better and help solve problems.
- Alert Students should practice principles of online safety and create safe spaces for others.

Remember to stick to behaviors vs. listing specific technologies or websites (e.g. TikTok or Discord) as they change regularly, dating the agreement unnecessarily.

#### **Resolving Problems**

One of the most important, yet often overlooked, parts of a good RUP is guidance about what to do if something goes wrong. Nobody is perfect, and all students will likely do something that is not in line with the RUP at some point. When that happens, how should they respond? Who should they tell? And what are the consequences for not following the agreement? One of the most important things for a young person to learn is the value of seeking help from a trusted adult when something goes wrong online. As such, the consequences shouldn't be written in a way that seems so threatening that a student might be afraid to get help when needed.

#### Signature

Create a place for students to physically or digitally sign that they agree to the code of conduct outlined in the policy. You may also consider adding a parent signature. If there is a problem with digital behavior down the road, it may be helpful to show students their signed RUP and remind them of the behaviors they agreed to.

## **Responsible Use Policy Template: Elementary School**

The following is a model RUP you can adapt for use with younger students. You can adjust the language and elements of the template below to fit your unique school culture and goals.

#### **RESPONSIBLE USE POLICY**

Using your device is a privilege, and any privilege comes with responsibility. Here are the expectations when you are using school devices.

#### How should I use technology?

- I will use my device when a teacher asks me during class, during my own study time or during breaks.
- I will put my devices away when a teacher says it's time for a device break.
- I will ask for permission before downloading any new apps.
- I will take care of any school devices as if they were my own.

#### What should I do with technology?

- I will use my device to learn new things.
- I will check information to verify that it is true.
- I will give credit to the creators of content that is not mine.

#### How should I interact with other people?

- I will be a good cyber-friend, including being honest and kind online.
- I will let a teacher or parent know before contacting someone online I don't already know.
- I will not share personal information (like home address or birthdate) about myself or others online.
- I will give feedback and comments in ways that make others feel supported.
- I will use appropriate language and won't make others feel uncomfortable because of the things I say.

#### What happens when something goes wrong?

- When I do something that is not in line with this agreement, I will talk to a teacher or trusted adult who will help me figure out how to make it right.
- I will immediately stop and tell a trusted adult if anything happens on the computer or online that does not seem right or makes me feel uncomfortable.

I understand that using any school technology is a privilege I must earn. If I don't keep my part of this agreement, I understand that privileges may be removed for a time and that I may face additional consequences.

Student signature:	

Parent signature:\_\_\_\_\_

Date: \_\_\_

## **Responsible Use Policy Template: Secondary School**

Here is another model RUP you can adapt for use. This one uses language that might be more appropriate for secondary students.

#### **RESPONSIBLE USE POLICY**

Using your device is a privilege, and any privilege comes with responsibility. Here are the expectations for using your personal devices at school or anytime you are using school-provided devices.

#### **Digital citizenship**

I am responsible for modeling positive digital citizenship. I will treat people with dignity and kindness when using technology and online.

- I will be honest and ethical in all digital communications.
- I will be kind and avoid making threats or insulting, gossiping or teasing others with cruelty while I am online or using a computer.
- I will give credit to authors or sources when using information or ideas that are not my own. I know that failure to properly cite my sources of information is called plagiarism and is a form of cheating.
- I understand that things I post may be seen by others at school and at home, and that things that are posted on the internet can be seen by anyone in the world.
- I will not share personal information (either my own or another student's), including where I live, details about family or friends (including names), my age, birthday, home address or telephone number on the internet.
- I will consider whom I am communicating with and think about how they might interpret my words.
- I will give constructive criticism and provide comments in ways that help others feel supported.
- I will use respectful and appropriate language without swearing, name-calling or causing others to feel uncomfortable due to their gender, race, appearance, behavior or beliefs.
- I will fact-check information before I share it digitally.
- I will not impersonate others or try to trick people into thinking something I wrote was done by someone else.

#### Learning and curiosity

I understand that school technology and networks are primarily provided to help support my learning and curiosity.

- I will use technology to learn new things.
- I will use technology to complete school activities or assignments.
- I will use my device to check information to verify that it is accurate.
- I will give credit to the creators of any content I use that is not my own.

#### Personal responsibility and safety

I know that school computers and internet communication tools must be used properly and responsibly.

- If I find content that is not appropriate on the internet, I will notify a teacher or a trusted adult, especially if I reached the inappropriate material in the course of completing an assignment.
- I will take care of the computer and all technology equipment from the school as if it belonged to me.
- I will respect the district network's security measures and only download apps or content I have permission to access.
- I will only log in to the computer or network with my own username and password.

I understand that using any school technology, networks or personal devices at school is a privilege I must earn through responsible use; but we all make mistakes.

When I do something with my device that is not in line with this agreement, I will let a trusted adult know and ask them to help me make it right. If I can't consistently keep my part of this agreement, I understand that privileges may be removed for a time and that I may face additional consequences.

Student signature: \_\_\_\_\_

Parent signature:	

Date: \_\_\_\_\_

## **Next Steps**

An effective RUP sets the conditions for effective tech use, but it is just one part of a broader strategy for educating young people on effective behaviors for technology use online. Creating a truly healthy digital culture in a school goes beyond a policy and must also include practice.

In addition, teachers should keep the conversation about device use going, discussing topics like the fact that all online activities are not created equally; how to know when it's time to take a device break; how to use technology for social good; and what positive and responsible digital citizenship looks like. Teachers can also be amazing role models for using technology to make the world a better place!

School leaders, teachers, parents and students need additional supports and examples to help them model the behaviors of a healthy digital culture. The following are some resources that can help support the implementation of an effective RUP.

#### **Supporting Teachers**

Teachers should be able to explain and model the responsible digital behaviors they expect from their students. The ISTE U course <u>Digital Citizenship in Action</u> unpacks dozens of ways educators can demonstrate leadership in online environments so students see real-life examples of how to use technology in healthy ways.

#### **Supporting Parents**

Healthy digital habits are important at home, too, but parents can easily feel overwhelmed when charged with being the primary teacher of digital citizenship and digital literacy. The book <u>Digital</u> for Good: Raising Kids to Thrive in an Online World provides tips and resources parents can use to help create a healthy digital culture at home to align and support the expectations of tech use at school.



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